

Innovative Research on the Integration of Traditional Ritual Music Culture and Classical Dance Teaching

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Abstract: Since Ancient Times, the Traditional Chinese “Ceremony and Music” Culture Has Had a Profound Impact on People's Value, Ideology and Political Thought. Originally, It Meant “Teaching Music According to Rites”. Ritual is the Most Important Order and Tool between Heaven and Earth. Music is a Wonderful Voice between Heaven and Earth, and a Reflection of Morality. in the History of Chinese Dance, in Order to Promote the Etiquette of Political Society, the Educational Function of Music and Dance Has Been Emphasized. Chinese Classical Dance is a Kind of Dance with Chinese Characteristics. It Not Only Inherits the Previous Dance of China, But Also Absorbs the Practice Method of Ballet. the Movements and Elements of Chinese Classical Dance Contain the Spirit of Chinese Traditional Etiquette Culture. among Them, the Unity of Traditional Chinese Culture and “Music of Sacrifice” Education in Classical Dance Classroom Focuses on the Cultural Meaning of Students' Dance, Emphasizes the Cultivation of Students' Manpower, and Pays Attention to the Improvement of Students' Traditional Rituals and Musical Culture Belonging Consciousness in Order to Improve Their Quality.

1. Introduction

Since the Founding of New China, the Discipline of Chinese Classical Dance Has Been Refined and Rebuilt by the Older Generation of Dancers in the Early 1950s on the Basis of Traditional Culture, Such as Opera Dance, Acrobatics, Martial Arts, Etc., Due to the Unique Style of Classical Dance in Opera. Since the Reconstruction of Classical Dance, Choreographers Have Been Trying to Inherit the Core Element of Traditional Culture, “Ritual and Music Culture”. However, the Spread and Promotion of the Culture of Rites and Music in the Current Dance Teaching in Colleges and Universities Are Not Satisfactory. How to Integrate the Traditional Culture of Rites and Music with the Classical Dance Teaching Scientifically and Effectively, and How to Play the Educational Significance of the Traditional Culture of Rites and Music to the Students Are the Key Issues to Be Solved in This Paper.

2. The Embodiment of Traditional Ritual and Music Culture in Classical Dance

Chinese Traditional Culture of Rites and Music Includes Ancient Chinese Religion, Politics, Ethics, System, Folk Custom and Art (Music and Dance). Confucius' Thought of Rites and Music, Which Originated in the Spring and Autumn Period, Advocates the Ideological System with “Benevolence” as the Core, “Rites” is to Cultivate “Outside” and Regulate People's Code of Conduct; “Music” is to Cultivate “inside” and Improve People's Ideological Realm [1]. in the Long History of Our Country, the Rulers Formed the Social Behavior Norms through “Rites and Music”, So as to Strengthen Their Leadership. after the Social Changes, the Culture of Rites and Music Continues to Inherit and Develop, Forming Many Excellent Thoughts of Rites and Music, Which Has a Very Important Moral Value. “Rites and Music” Culture Teaches People to Cultivate Themselves, Understand the Book and Reason, and Understand Humility. through These Excellent Qualities, We Can Carry Forward the Rites and Music Tradition of the Chinese Nation, Which Advocates Etiquette, Harmony and Benevolence [2]. in the History of Our Country, Court Music and Dance, Women's Music, Elegant Music and Ritual Music All Belong to the Category of Chinese Classical Dance, Which Means That the Classical Dance Naturally Contains Rich

Traditional Ritual Music Culture. for Example, Dance of the Six Dynasties in Zhou Dynasty is the Sacrificial Music and Dance of Ancient Chinese Emperors, Tang Dynasty, Yu Dynasty, Xia Dynasty, Shang Dynasty, and Six Times, Which Extols the Merits and Virtues of the Rulers; for Example, the Classic Dance “the Order of the King of Qin” Shows the Heroic Spirit of Chinese Warriors Galloping on the Battlefield and Marching Forward Bravely, Which Also Contains the Great Spirit of the Chinese Nation; for Example, the Classic Dance Repertoire “the Stepping Song” Perfectly Explains That the Classical Dance Wants to Be Left First, Right First, and Want to Be First the Latter Movement is Not Presented in Human Lines, But in the “Rhyme” and “Potential” of Classical Dance, Showing the Charm of Classical Culture [3]. It Also Shows That the Focus of “Etiquette and Music Culture” is Not on the Appearance and Posture of People, But on the Internal Cultivation of People, from “Internal” to “External”, So as to Achieve Both Internal and External Cultivation. Cultivate Excellent Talents for the Society.



Fig.1 Ancient Chinese Music

3. The Educational Significance Contained in the Culture of Rites and Music

The culture of rites and music is the core value of the Confucian thought system created by Confucius, which plays an important role in the construction of a harmonious society. The core values of socialism formulated by the party and the state: “prosperity, democracy, civilization, harmony, freedom, equality, justice, rule of law, patriotism, dedication, integrity and friendliness”, is the book of rites and music, which records the implementation of rites and music by Zhou people in the Eastern Zhou Dynasty [4]. As an excellent spiritual civilization inheritance in our country, the culture of rites and music contains rich educational value, which is very worthy of our modern learning and reference. It emphasizes people's all-round development, cultivates complete people, and makes people's quality develop in many aspects, levels and diversities. Pay attention to life-long education, so that people learn to recognize, learn to do things, learn to survive. In the culture of rites and music, “Rites” regulate people's behavior standards and modify people's external behavior; “music” cultivates people's spiritual civilization and modifies people's internal quality. Both inside and outside, improve people's quality [5]. The purpose is to promote people's all-round development and improve people's all-round quality, which are in line with our modern education concept.

4. Infiltrate Traditional “Ritual Music” Culture into Classical Dance Teaching

4.1 Spread the Culture and Thought of Rites and Music

In the process of its development, classical dance draws lessons from ancient Chinese elegant music, ritual music, female music, etc., and draws dance elements from opera, which accumulates the essence of Chinese traditional culture and humanistic temperament. It is a typical academic construction and display of Chinese traditional “ritual music” spirit. In the classical dance classroom teaching, teachers should not only teach students dance skills, but also pay attention to training students' all-round development [6]. Through the universal values of truth, goodness and beauty contained in the culture of rites and music, as well as the principles of gentleness, courtesy

and frugality, let's help students establish correct values of life. First of all, it is necessary to improve students' understanding of the traditional music culture, explain the rich ideas contained in the music culture to students, so as to achieve the cultivation of students' sentiment, virtue and personality. It is necessary for students to have a certain understanding of the culture of rites and music in the classical dance class.



Fig.2 Foreign Classical Music

4.2 Innovation in Dance Movement

In the dance movement, the excellent ideological connotation of ritual and music culture is integrated into the teaching of Chinese classical dance, and the elements of Buddhism, Taiji, martial arts, opera, etc. in the traditional Chinese ritual and music culture contain rich classical dance connotation [7]. In facial expression, we extract the Buddhist form, pay attention to cultivating students' characters such as pleasure, reverence, gentleness and elegance, form the respect for the goodness of human nature, and guide students to establish the correct value orientation; in the application of “breath”, we absorb the breathing principle of Taijiquan, emphasize the change and performance of the use of time and space with breath rhyme in the movement, and highlight the spirit in classical dance. The level relationship between breath and action, breath and emotion, breath and character enables students to experience the charm of classical dance in the use of breath; in the practice of “body method”, the body method of martial arts is absorbed and used for reference, coupled with the change of rhythm, which reflects strong style and nationality; in the performance of hand shape, the orchid fingers, single fingers, sword fingers, Zen fingers in Buddhism and Taiji are used in the opera. In the practice of “arm power”, the elements are extracted from martial arts and Taiji, and the left and right hands do the round movement of upper and lower eight character plate wrists in front of the body; in the practice of “step”, the momentum in Taiji, martial arts and opera is absorbed and used for reference, with a special charm [8]. Through the adaptation of these excellent ideas and elements of ritual and music culture, we can further enrich the ideological and cultural connotation of Chinese classical dance and improve the teaching concept of classical dance class in the original classical dance teaching, so that it has more Chinese traditional charm, and then improve the students' cognition of traditional ritual and music culture.

4.3 Musical Edification

Music is a tool for creating sound and musical instruments, time and the art of hearing. The movement, rhythm and emotion of dance are different according to music. Use different music to reflect different dance styles. In classical dance instruction, use more traditional music. The traditional “sound” of traditional music and the unique “shape” of classical dance can be combined into the expression form of classical dance. The beauty of art in the classical dance class to learn the details of traditional Chinese music, understand its origin, thank its charm. The combination of classical dance and traditional ritual culture can make students better understand the essence of ritual culture, feel the charm of traditional Chinese ritual culture, and improve their understanding and mastery of traditional ritual culture [9]. Secretary General Jinping, more opportunities, cultivation of socialist core values, and important speeches related to practice, expressed clear conditions: “in the class of classical dance, the accumulation of socialist core values is necessary to promote the foundation of China's excellent traditional culture.”. China's “etiquette” and “present”

culture are the starting point, as well as the cultivation of students' understanding ability and guidance. At the same time, while students' performance ability, they should also cultivate students' humanistic quality, pay attention to the comprehensive development of students' emotion, will, thinking and moral field, which is destroyed in a moment.

5. Conclusion

As the traditional dance of our country, classical dance is the representative of ancient culture of our country. We need to form an art system. It is necessary to analyze the influence of historical changes, seek for new changes, research and innovation, and choose the art of the historical era. Change, give them new charm, new words. In the classical dance education, we should take "consciousness" and "music" culture as the starting point, take action consciousness as the center, and base on the modern aesthetic values. Through the combination of traditional "ritual music" culture and classical dance education, students can not only improve their skills, but also improve their understanding of traditional "ritual music" culture. Based on traditional culture, keep original, absorb foreign factors and look into the future. The excellent traditional culture of China is that when students are constantly absorbed, the inner beauty of the students outside can be enhanced, the human power of the students can be strengthened, the quality of the students can be improved, and the inner beauty of the students can be enhanced for the comprehensive development of the high quality of the society.

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